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FRACTURED WRIST IMPROVED THROUGH CHIROPRACTIC TREATMENTS

A 58-year-old woman was experiencing weakness and diminished range of motion in her right wrist. The weakness and loss of mobility was a persistent problem and she needed treatment.

19 months before receiving Chiropractic treatment, her wrist had been fractured and had not returned to normalcy. She underwent Dynamometer testing, which tests the force of muscular contractions and Goniometric testing, which measures angles and tests flexion and extension. Test results revealed a significant loss of grip strength and diminished range of motion when compared to her left wrist.

Specific joint manipulation on her right wrist was performed over a three-week period. After four visits, where measurements were taken, she underwent a series of four treatments and four re-evaluations.

Results showed a significant increase in her grip strength and active range of motion as a result of Chiropractic evaluation and manipulation.

SOURCE: Journal of Manipulation and Physiological Therapeutics, February 1999, Vol.22, No. 2.