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CHIROPRACTIC CARE SUCCESSFUL IN TREATING HERNIATED DISCS

Surgery is no longer the only remedy for herniated discs. A recent case study shows chiropractic care is a viable treatment option.

The case study involved a 34-year-old man who suffered from severe neck, lower back and radicular pain for a period of one year.

X-rays showed a cervical disc herniation. Multiple medical specialists offered treatment, proving little or no results.

The patient underwent chiropractic treatment, primarily upper cervical adjusting by hand. A dramatic improvement was noted after a one-month period. A follow-up re-examination one year later proved surgery was not necessary. Chiropractic treatments corrected the condition alone.

SOURCE: Kirk Erikson, Life University – Research, 15th Annual Upper Cervical Conference.