

Health Report

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SWEATING AWAY THE METAL TOXINS

Do you have any dental fillings? Do you drink unfiltered city water or soda out of aluminum cans? How about eating swordfish or a lot of canned tuna? If so, you could be facing several hidden health hazards, resulting from the Mercury hidden in your body, the air, food and water.

If you have ever experienced numbness, tingling, loss of sensation or loss of nerve control in arms and legs, it could be from your exposure to heavy metals. The brain is also affected, resulting in depression, mood swings, inability to concentrate, learning problems, memory loss, irritability and unwarranted aggression.

Some of the sources are unavoidable; Cadmium in auto exhaust, aluminum in cooking pots, antacids, deodorants, baking powders, and water heaters.

Mercury is one of the most common and worst of the metals to enter your body, usually via dental fillings, which is 50% mercury. And, root canals are worse – a Mercury plug is placed in the old nerve trench.

Organ damage may result from metals, and Mercury not only leads to resistant infections, but also to autoimmune disease, cancers and any symptom imaginable.

Doctors have several methods to detox the body from Mercury, but most recommend saunas as the preferred therapy. This induces profuse sweating, which releases toxins that are stored in your body.

For more information, call 1-800-846-6687 or 1-888-792-1102.